

May 11, 2022

Okanagan Men's Shed



Dear Community Partners:

What an amazing treat it was for us to visit the men at Okanagan Men's Shed located at Helen's Acres. This letter is a letter of encouragement seeing the community in action. Rarely, do we find partnerships that are meant for each other. You are doing an amazing job. When one organization is blessed with a gift such as Helens Acres to steward and manage and another organization such as Okanagan's Men's Shed has vision and purpose to reach into the community to bring wholeness and health with gifts and talents earned from lifetimes of experiences, from the outside looking in, you are both a blessing. I understand many community organizations and individuals have benefited from both organizations and that is beautiful. I also saw signs of Momma's for Momma's. Wow! I am sure there is much still to be explored as partnerships blossom.

An added wonderful surprise was that Art Post and his wife Louise join the gathering. I know this Men's Shed group has meant a lot to him over the years. Louise kept remarking how much she could see him enjoying this visit with his old friends.

Our community initiative of Unsung Heroes was launched in April 2022. We collect names of individuals and organizations worthy of recognition. Okanagan Men's Shed was one of first nominations received. We want to celebrate those in the community that are going above and beyond the normal. After the two plus years we have been through, we need to get back to celebrating the good things in life.

I have included with this letter a copy of the Facebook post I entered this morning. On behalf of the people of the Central Okanagan I want to say thank you for ensuring that we live in a community that thrives with common unity, shared blessings and open doors that welcome all. May you both experience continued blessings and favor within the Central Okanagan.

Yours truly,

Joanne Bonk  
Community Relations

## MAY 2022 - UNSUNG HEROES

### GOING ABOVE AND BEYOND TO MAKE A DIFFERENCE

#### We celebrate OKANAGAN MEN'S SHED

[Okanagan Men's Shed](#) is a local group that meets regularly to engage men in the community by providing friendship, using skills and abilities learned from a lifetime of experience. Mentorship of others wanting to learn those skills adds a valuable resource to the community.

On May 10, 2022, we celebrated the vision of this group of unsung community heroes by delivery of coffee, muffins, fruit and of course donuts. Art Post, founding member of Okanagan chapter of men's shed, and his lovely wife Louise, joined the celebration gathering.

Okanagan Men's Shed meets faithfully at [Helen's Acres Community Farm](#) on Mayer Road in an old building that is perfect for their gatherings and projects. Many individuals and community partners have benefited from their services and skills as they go about their work building community partnership. More information on their great work, clear vision and underlying purpose can be found at [www.mensshed.ca](http://www.mensshed.ca).

We salute you, [Okanagan Men's Shed](#)! You truly are UNSUNG HEROES. You add value to our community by providing space for relationships to grow and flourish. As Lloyd Nelson said, "This is not about the projects that come out of this garage, it is about a community of people building relationships." Everyone Welcome!

